

Please read our information carefully (including details described on our website) to help you decide what shares are right for you. Fill out the form and mail to the farm with your payment. Make sure to keep a copy for yourself. We will send you a confirmation email the week of receiving your signup. Look for a more detailed confirmation letter with directions to your pick-up location in early May. We use e-mail as our primary way to get information to you and we will not share your address with anyone. Please list all of the emails that need to receive CSA information, including our pickup reminders and newsletter information about your share. If your e-mail changes during the season, please send us the update.

Elmwood Stock Farm's CSA program is a direct relationship between you and the farm. Weekly mid-May through early-October, boxes of seasonal produce are harvested at the height of ripeness and delivered to convenient pickup locations in your area. A season-extending option is offered into November and December that includes seasonal greens and root vegetables, along with winter squashes and storage items. Egg shares and meat shares can be added to your basic vegetable share, produced from organic livestock nurtured at Elmwood Stock Farm.

Because of the inherent risks of farming, we cannot guarantee what the season will bring and what vegetables will be harvested. Having grown vegetables at Elmwood for nearly 20 years and being experienced in food production, we have always succeeded in growing an excellent variety of vegetables. You share the risk with us as sometimes you will receive more or less than you expected of certain items, but we will do everything we can to raise successful crops. The items in your produce share will change weekly as reflected by the changing seasons and what can be successfully grown in KY.

BASIC SHARE OPTIONS – Sign up by April 1st to get the discounted price.

Mini Share is designed to feed single adults or couples who eat out often. This smallest size will contain a variety each week, but is intended to never overwhelm your refrigerator. Instead of three pounds of tomatoes, you get a pound and a half. Instead of five squash, you'll get two. It will not have the diversity or amount of any one item that a regular share contains. **Price through April 1, 2010: \$325, after April 1: \$350.**

Regular Share is designed to feed 2 adults or a small household most of their weekly vegetable needs (please look on our website for specific examples of regular shares at various times throughout the season). **Price through April 1, 2010: \$550, after April 1: \$585.**

Robust Share is designed to feed a larger family or strictly vegetarian couple most of their weekly vegetable needs. This contains the same diversity of vegetables as a regular share but in larger amounts each week. **Price through April 1, 2010: \$775, after April 1: \$820.**

Add to your basic share:

Egg Share: 1 dozen or ½ dozen each week.

These are eggs from free-range chickens living outdoors on organic pasture, enjoying fresh air, sunshine, green grass, & wholesome organic grains. We have a **limited** number of egg shares to offer as an add-on to your basic share. **Price for 1 dozen weekly: \$132 half-dozen weekly: \$66; after April 1: \$140 dozen, \$70 half-dozen.**

Meat Share Every-other-week Chicken only, total of 11 weeks (more details on meats on product page of website)

Every-other-week you will receive one whole organic chicken. The size of your hen will be farm choice based on availability. Early season, your share comes from the freezer as chickens are only raised during warm summer months. Late season, your chicken share will be from the current growing season. All hens are from livestock raised on our organic pastures. **Price for chicken share (one whole chicken) every-other-week: \$200; after April 1: \$215.**

Meat Share Every-other-week Beef only, total of 11 weeks (more details on meats on product page of website)

Every-other-week you will receive ground meat or beef roast from our certified organic Angus cattle. (Steaks and special cuts not available through CSA). All meat is from our own livestock raised on our organic pastures. Your share will be farm choice based on availability. **Price for beef share (either 2.5-3 pounds ground meat or 1 roast) every-other-week: \$220; after April 1: \$235.**

Meat Share Weekly: chicken or beef cuts weekly for 22 weeks (more details on meats on product page of website)

Each week you will receive either one organic chicken or beef from our certified organic Angus cattle. All meat is from our own livestock raised on our organic pastures. Your share will be farm choice based on availability and will alternate beef one week, chicken the next, etc. **Price for meat share weekly (either 2.5-3 pounds ground meat or 1 roast OR 1 whole chicken): \$420; after April 1: \$450.**

Fall/Winter Share: 5 vegetable distributions over 2 months – only offered as a Regular Size Share. Seasonal items include lettuces, heavy greens, cabbages, potatoes, winter squashes, root crops & more. **Price if signed up by April 1 for Fall vegetable share: \$275, eggs with fall vegs: \$60 for 10 doz / \$30 for 5 doz, meat with fall vegs: \$125.**

